



Advanced Heart Failure Program

## [Skilled Nursing Facility Resources](#)

### **VAD Clinic Office Hours Monday-Friday 8:00-4:30**

Phone #: 585-273-3760 or 800-892-4964

### **Driveline Dressing Changes:**

♥ Watch the driveline dressing video



Driveline dressing change video

### **Please keep in mind for dressing changes:**

- Driveline dressing changes ALWAYS require using sterile technique.
- Protect the driveline from being pulled, kinked, or twisted.
- Ensure the driveline is secure with an anchor.
- Never use scissors to remove the old driveline dressing.

### **Blood Pressure Measurements:**

- Doppler is standard unless the patient has a bounding radial pulse.
- If the patient has a strong radial pulse, you can use an automatic cuff.



How to obtain a Doppler BP

### **Patient's Routine**

- Nutrition- low sodium diet, moderate to low Vitamin K foods
- Encourage mobility
- Daily weight
- Self-test controller every morning (hold battery button down for 5 seconds)
- Record VAD numbers daily (Section 3 in the discharge binder)

If a patient requires assistance putting on their holster vest, please watch this video:



Holster vest video

**When to call the Clinic:**

- Resting HR < 50 bpm or > 120 bpm
- Sustained resting MAP < 60 or > 95
- Any VAD alarms
- Lab work- all anti-coagulation dosing is managed by the UR VAD team, not the patient's primary doctor.

**For more information, please visit our program's website:**

[www.vadresources.urmc.edu](http://www.vadresources.urmc.edu)